



Do you have a mentor?

It's so easy to travel along in life and not realise that you are doing everything singlehandedly.

Not that that is a bad thing... but it certainly doesn't allow for as much personal growth along the way.

Regardless of what stage of your life you are in, a mentor who understands you and your goals and vision can make an invaluable contribution to your life and the speed at which you achieve your vision.

When I opened my dance studio, I had a few of my childhood dance teachers and studio owners who mentored me in those early years – offering advice, sharing experiences and most of all offering support through those initial few years of starting my business.

As I have travelled along, those people have still remained close to me but I have also networked with external mentors who can see me through the next phase of my business journey and help me achieve the goals I have for the next few years.

As a dance student, it is also important to have a mentor who can guide you and give you honest feedback as you seek to reach your goals, whether it be to have a career in dance or dance teaching or simply just to master a combination you have learnt that week.

Not everyone wants a career in dance but having a mentor will help you to get the most out of various areas of your life, regardless of your goals.

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It's important to seek out a mentor who understands your goals and vision and understands you as a person.

Important mentors as a child may include your parents, dance teachers, school teachers or even a family friend who has a career in a field you are aiming to enter as an adult.

Advice from someone who truly understands your goals is invaluable and can set you up in the right direction and help to motivate you to achieve your goals.

Do you already have a mentor?

Feel free to share how they have helped you get to where you are today!

Rebecca Bickerton
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